



Upcoming Teachings



Tibetan Heart Yoga Workshop—Sacramento, CA

November 18, 2006 with Brandy Davis and David Fishman.

Contact david@yogastudiesinstitute.org or call Brandy at 530-544-1442



How Yoga Works—Sacramento, CA

FREE public talk by Ven. Marut, Nov. 20, 7:00 – 9:00 p.m. at Deep Yoga Studio

Contact: Laura Long (jokol@sbcglobal.net)

How and Why to be Happy: Buddhism and the Yoga Sutras—Reno, Nevada

FREE public talk by Ven. Marut, Nov. 21 7:00 - 9:00 p.m. at Barley Ranch-Western Heritage Interpretive Center

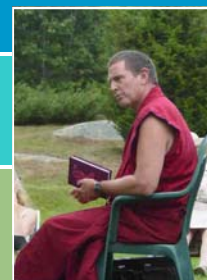
Yoga and Buddhism—Sacramento, CA

FREE public talk by Ven. Marut, Nov. 27, 6:30 - 9:30 p.m. at East West Books

Contact: Laura Long (jokol@sbcglobal.net)

How Yoga Works—San Francisco, CA

FREE public talk by Ven. Marut, Nov. 28 2:00 - 4:00 PM at The Yoga Tree, 519 Hayes St. (at Octavia)



Hatha Yoga Pradipika, Chapter 1—Vancouver, BC, Canada

November 30—December 3, 2006 with Ven. Marut

Register at www.yogastudiesinstitute.org/schedule.html

Nov. 29—**FREE** public talk—All Day Yoga: Living Your Yoga On and Off the Mat

Email yvonne@yogastudiesinstitute.org or call 604-828-3523 for more info. for either event



Tibetan Heart Yoga Series 2 Workshop—Menorca, Spain

Second Cornerstone of the Yoga Sutra—Menorca, Spain

Dec 6-10, 2006 with Kimberley Veenhof

Register at www.yogastudiesinstitute.org/schedule.html

Hatha Yoga Pradipka Chapter 1—Rochester, MI

Jan. 4-7, 2007 with Ven. Marut; Jan. 3—**FREE** public talk on yoga

Information: <http://www.yogastudiesinstitute.org/schedule.html>



Hatha Yoga Pradipika, Chapter Two—NYC

With Geshe Michael Roach and Christie McNally

Early Spring, 2007—stay tuned for details!

www.yogastudiesinstitute.org/schedule.html

Tibetan Heart Yoga Series Two and Asana Intensive Workshop—Vancouver, BC

With Mira Shani and Yvonne Jaques in Early Spring, 2007—stay tuned for details!

www.yogastudiesinstitute.org/schedule.html



First Cornerstone of the Yoga Sutra of Master Patanjali—Vancouver, BC

With Mira Shani, Spring, 2007—stay tuned for details!

www.yogastudiesinstitute.org/schedule.html



Hatha Yoga Pradipika, Chapter Two—Vancouver, BC

With Ven. Marut, Summer 2007—stay tuned for details!

www.yogastudiesinstitute.org/schedule.html

Also coming up next spring and summer: Tibetan Heart Yoga Series 3 and 4—NYC; Hatha Yoga Pradipika Chapter 1 —Tucson, Arizona; Tibetan Heart Yoga Intensive Workshops—NYC and Tucson; Magic of Empty Teachers courses; many Tibetan Heart Yoga events are coming up in 2007 in Germany, the Netherlands, Denmark and France.



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